



# The Long Hill Ledger

## Our Volunteer Emergency Services are Invaluable

Nationally, volunteer rescue squads answer nearly half the nation's 911 calls -- more in smaller, rural towns. Approximately 70 percent of the nation's firefighters are volunteers and 85 percent of fire departments are all or mostly volunteer. Nationwide, volunteer fire departments alone save municipalities and taxpayers \$139.8 billion per year (according to the National Fire Protection Agency).

The residents of Long Hill Township who volunteer to serve on our emergency services teams – our Fire Department and First Aid Squad – are invaluable. Not only do they save the Township considerable money that would need to be spent on paid emergency services but they respond consistently as First Responders with our Township Police Department to provide fire and first aid services.

More than 200 Long Hill residents volunteer to train and serve in the Township's emergency services. The Long Hill Volunteer Fire Department consists of the Millington Volunteer Fire Company and the Stirling Volunteer Fire Company, led by Pat White and Al Gallo, respectively. Combined, the firefighters respond to about 150 calls per year. Our volunteer firefighters go through extensive initial and ongoing training and the companies also host a number of community outreach events during the year.

At a time when many volunteer first aid squads have disbanded and/or supplemented their efforts with paid EMS services, the Long Hill Township First Aid Squad, led by Captain Bob English, answers more than 700 calls per year. The squad consists of EMTs (Emergency Medical Technicians) and attendants and drivers. All have first aid and CPR training. EMTs go through more than 200 hours of training and testing, as well as continual training, to receive and retain their license. A crew is on duty 24/7, with additional crews called in as needed if multiple calls come in at the same time.



In addition to our first responders, activating under the Office of Emergency Management (OEM) is the Long Hill Township CERT (Community Emergency Response Team) and the MRC (Medical Reserve Corps). CERT consists of 80 volunteers handling a variety of responsibilities, from crowd control and traffic management during planned events to emergency response such as during severe weather – for example, operating warming centers during extended power outages. CERT often works in tandem with the MRC, a group of 15 volunteers with medical and mental health service backgrounds who are called out and tasked during emergencies to conduct welfare checks, provide staff for shelter operations and provide expertise, nursing care and other human services. CERT is managed by Lisa Scanlon and Bill Cohen while MRC is managed by Laura Pesce and Assistant Ole Seitel. Members of CERT and MRC are only activated once initial state and federal certification training has been successfully completed and then all members participate in continual education classes and training exercises.

See inside for more on each of these dedicated groups.

### Message from the Mayor:

Happy New Year. I hope everyone had a wonderful holiday season. I am honored to have been selected by the Township Committee to serve as Mayor of Long Hill Township for 2019. I look forward to working closely with Deputy Mayor Guy Piserchia and the rest of the Committee to continue moving Long Hill forward on several fronts for the best interests of our residents and businesses.



Important issues we will be addressing in 2019 include the wastewater system and improvement of Valley Road. Following the 'no' vote by residents to the sale of the wastewater system in last year's referendum, the Township Committee implemented the necessary capital improvement plan for the system. In light of the costs of this plan, we have chosen to return the referendum to this November's ballot to

give residents another chance to opt for a sale. Look for more information about this on the Township website and in future issues of this newsletter.

We also want to continue with our plans to improve the aesthetic appeal of Valley Road in Stirling, our major thoroughfare in the Township. Long Hill has so much to offer residents, visitors and shoppers, and we want Valley Road to better embody the spirit of our town.

We are happy to share that the Hometown Heroes Banners will soon be flying on Main Ave. Thanks to resident Barbara Grillo and her committee, our generous donors and, most of all, the veterans and their families for the successful roll out of this program.

Finally, please feel free to contact me at any time if you have questions, suggestions or concerns. I can be reached at [matt@longhillnj.gov](mailto:matt@longhillnj.gov). You also can follow me on Facebook at [Dorsi4LongHill](https://www.facebook.com/Dorsi4LongHill), where I will periodically post Township news and information.

Matt Dorsi – Mayor

# Administrator's Corner

We will be introducing two new initiatives this year.

**Home Energy Audits** – The Mayor and Committee have endorsed a new energy audit program designed to reduce household energy use and connect Long Hill homeowners with incentives available from New Jersey's Home Performance with Energy Star program. We have contracted with Ciel Power LLC that will enable homeowners to have an audit performed on their home for \$49. After completing the audit, Ciel Power will recommend possible home improvements to reduce energy use that may qualify homeowners for rebates or other incentives to install the improvements.

This program has been successful in Madison, Summit and Millburn. You recently should have received a letter from 2018 Mayor Guy Piserchia outlining the details of the program. You can also visit our website [www.longhillnj.gov](http://www.longhillnj.gov) and click on the home energy audit link for more information.

**Recycle Coach** – Long Hill recently launched Recycle Coach, a free app to help make recycling and other information easily accessible for our residents. The app is available on our website as well as mobile devices and digital assistants such as Amazon Alexa and Google Home. It provides accurate up-to-date information on Long Hill's recycling and garbage collection, including reminders and notifications about service disruptions. Residents can also learn about what is recyclable and where to bring it, including information on disposal of items at county facilities.

*Note:* Residents should find the **Report a Problem** tool very useful to notify Township officials about things such as missed collections, potholes, snow removal issues and property maintenance complaints. Please see the insert in this newsletter or visit our website for more information.

Nancy Malool – Township Administrator  
[administrator@longhillnj.gov](mailto:administrator@longhillnj.gov)

## Hometown Heroes Banners

There is still time to honor Long Hill Township veterans. Resident Barbara Grillo continues to collect information to pay tribute to the residents who are serving, or have served, in the United States military. Please contact Barbara by email at [beg51@aol.com](mailto:beg51@aol.com) for more information. You will need to provide the name of the veteran, the branch and years served, as well as a photo.

The banners will fly on Main Avenue on Memorial Day and Veterans Day each year. For those interested in supporting this effort, donations are being accepted by mailing a check to the Long Hill Township Promotion and Enhancement Committee LLC at 104 Magna Drive, Gillette NJ 07933.

We appreciate the work of Barbara and her team in coordinating this effort and, of course, we are grateful to all of our veterans.



## Long Hill Township Fire Department



The Long Hill Township Fire Department consists of two volunteer fire companies, Millington Volunteer Fire Co. and Stirling Volunteer Fire Co. Combined they comprise more than 60 highly trained firefighters who in 2018 responded to more than 160 calls, most together, helping to protect Township residents and businesses.

### Millington Volunteer Fire Co.

The Millington Volunteer Fire Co. believes firefighters must be fully prepared, vigilant and disciplined in their response to every emergency. Regular training is critical.

In 2018, the Millington and Stirling companies spent many hours drilling both individually and together. In the spring and fall, they worked together in the live burn buildings at the Fire Academies in Morris County and Union County. These buildings simulate the high heat and zero visibility firefighters can expect while fighting fires. They provide invaluable experience to both new and experienced firefighters.

In between training drills, Millington also managed to have some fun in 2018. It completed its 70th Annual Children's Christmas Party and the annual Firefighter Santa Run in December; and it's April Comedy Night and fall Food Truck Festival and Oktoberfest celebrations were great successes.

The Company welcomes residents to come visit at any time they see firefighters at the Firehouse. They hope the visit will turn into a rewarding lifetime of membership.

Brendan Rae – Millington Volunteer Fire Co.

### Stirling Volunteer Fire Co.

In addition to emergency response and twice monthly training, including people and pet rescue and firefighter safety, the Stirling Volunteer Fire Co. takes part in a number of community-related activities during the year.

At the annual Fire Prevention Open House, adults and children learn fire prevention and fire safety. This year more than 400 visitors donned firefighter's gear, shot water through a fire hose, learned to use a fire extinguisher and enjoyed free hot dogs and baked beans. Throughout the year the company holds fire safety training at Gillette School and at the pre-schools, with children learning to "get out and stay out" when they hear a smoke detector and to "go to a safe meeting place." In addition, the company opens its doors to scout troops and civic groups and each Black Friday hosts an annual Firefighter Santa fundraiser and coin toss.

This year the company also held a joint training exercise with the Basking Ridge Fire Dept. simulating rescue operations during a passenger train wreck.

Frank Reilly – Stirling Volunteer Fire Co.

# Long Hill Township Police Department



The Long Hill Township Police Department consists of 23 highly dedicated officers. The department mission is to promote a safe and secure environment, free from crime and fear of crime; maintain order and provide for a safe and expeditious flow of traffic; and practice the core values of integrity, respect, service and fairness.

The department includes the patrol division, the investigative division and special services, including programs for children and neighborhoods.

The department's dedication to serving the residents and businesses of Long Hill was reflected in recent commendations for five officers who performed extraordinary and, in some cases, life-saving, actions. Officers John Kiseli and Brian Engel received Medical Assistance Awards and Sgt. Jayson Meekins and Officers Richard Novotny and Brian McGuire received Honorable Service Awards. In addition, Lt. James Matczewski and Sgt. Robert Thompson recently were promoted in reflection of their fine work.

Chief Ahmed Naga – Long Hill Township Police Dept.

## Operation Good Morning

The Long Hill Township Police Department is revitalizing the Operation Good Morning Program, which focuses on senior citizens who either live alone or are in need of daily outside contact. Seniors call the Operation Good Morning number daily. If a call is not received, the police are dispatched to the residence to assure everything is okay. If you would like to be part of this program or know someone who would benefit, please contact Sgt. Dolores Langenbach at 908.647.1800, ext. 510.

# Long Hill Township CERT



Throughout the nation, volunteer members of Community Emergency Response Team (CERT) learn about and train for disaster response, such as fire safety, light search and rescue and disaster medical operations.

Since 1993, the CERT program has impacted communities across the county, building essential skills and capabilities to prepare for any disaster. CERT was designed as a grassroots initiative and structured to allow local managers the flexibility to form their programs in the way that best suits their communities.

In 2018 the Long Hill Township CERT was activated 32 times for events ranging from planned social and recreation activities such as fireworks and lake dances, through crises such as the extended power outages and weather emergencies triggered by the chain of severe Nor'easters in March.

Long Hill's CERT program's 80 trained members are prepared to respond to urgent situations in the community. When emergencies happen, CERT members can give critical support to first responders, provide assistance to victims and organize responses at disaster sites. CERT members also can help with non-emergency projects that help improve the safety of the community.

Since its founding in 2006, the Long Hill CERT team has become a strong and thriving organization with more than 187 residents having participated in the program since its inception. The team is respected and trusted by Long Hill's first responders and the Office of Emergency Management. Long Hill CERT has earned a stellar reputation as one of the exemplary CERT teams in New Jersey.

As happened during Superstorm Sandy in 2012, the back-to-back late winter storms in 2018 brought out the best in the CERT volunteers working alongside their fellow responders. With large parts of the Township without power or heat for an average of eight days, CERT members provided support and an onsite volunteer workforce for warming centers and a municipal shelter.

The CERT members and leadership are ready to manage any situation or request that Long Hill emergency services might require. Now in its second decade, CERT will be there to manage whatever is necessary to support the Emergency Services and the Long Hill community.

Larry Fast – CERT Member

# Long Hill Township First Aid Squad



The Long Hill First Aid Squad is a volunteer organization of 71 members that provides emergency medical care to Long Hill residents and mutual aid to surrounding communities. The squad typically responds to about 700 first aid and fire calls annually. In addition, residents will see the squad's ambulances at community events such as 5K runs, WHRHS football games, street fairs, the Meyersville Tree Lighting ceremony, bicycle tours and blood drives. They also hold first aid and CPR classes, give presentations to scouts and pre-school students, attend firefighter drills and participate in mass casualty response events.

Squad membership includes high school and college students, firefighters, retirees, medical students and working professionals in non-medical occupations. A number of doctors, nurses, physician assistants, paramedics and EMTs began their medical careers as teenagers on the squad. They are a very diverse group willing to donate their time to assist neighbors in need 24/7, 365 days a year. If you are interested in learning more about the First Aid Squad and perhaps joining, call 908.647. 2181.

Robert English – Captain, Long Hill Township First Aid Squad

## Events Around the Township

### **Weekly Yoga Classes** (no experience necessary)

Historic Millington School House Building

Gentle Viniyoga • Starting Jan. 24

Thursday Mornings • 10:30 am-11:30 am

Mindful Yoga • Starting Jan. 28

Monday Mornings • 10:30 am-11:30 am

Registration is through the Rec. Dept.

### **Red Cross First Aid and CPR/AED Classes**

Long Hill First Aid Squad Building

Available to the community through the collaborative efforts between the Recreation Dept. and the Long Hill First Aid Squad. Upon successful completion, participants will receive a certificate from the Red Cross valid for two years.

Registration is \$23. Schedule and registration can be found on the Recreation pages of the Township website, under Coaching Course/Community Courses.



TOWNSHIP OF LONG HILL

longhillparksrec (Instagram)

www.longhillnj.gov

### **New Year's Resolution: Learn something new at the Library**

Join us! All programs are free of charge. Everyone is welcome.

#### **Long Hill Book Club**

Second Monday of the month • 7:00 pm-8:00 pm

#### **Beading**

Tuesdays • 1:00 pm-3:00 pm

Bracelets, necklaces, earrings – your hearts fancy!

#### **Craft Night with Lori**

First Tuesday of the month • 7:00 pm-8:00 pm

Adults 18 and over • Supplies provided

#### **Gates Avenue Knitters (Crocheting too)**

Second and fourth Wednesday of the month • 7:00 pm

#### **Rug Hookers**

First and third Thursday of the month • 10:30 am-2:00 pm

**Looking for more?** Visit the Library [www.longhilllibrary.org](http://www.longhilllibrary.org)

### **Special Holiday Closings**

Town Hall will be closed on the following days:

Monday, January 21

Monday, February 18

## **Winter Fun – Snowman Contest!**

All winter long. Snap a picture of your creation and send it in to Parks & Recreation at [recreation@longhillnj.gov](mailto:recreation@longhillnj.gov)

# What can be recycled?

## Recyclable

These items can be recycled in one container with All-in-One Recycling™



### Paper

Paper (staples okay)  
Newspaper  
Envelopes  
Junk mail  
Phone books  
Brochures  
Magazines



### Cardboard

Ream wrappers  
File folders  
Poster board  
Frozen food boxes  
Cardboard boxes  
Milk cartons



### Plastic (no caps)

Water bottles  
Soda bottles  
Laundry detergent bottles  
Shampoo/body wash bottles  
\* #s 1 and #2 ONLY



### Metal

Aluminum beverage cans  
Food cans



### Glass

Bottles (clear, green and brown)  
Jars



Empty.



Clean.



Dry.

Please make sure your recyclables are empty, clean and dry™ before placing them in your recycling container.

## Non-recyclable



Aerosol cans  
Aluminum foil  
Batteries  
Food waste  
Mirrors or ceramics  
Stickers & address labels  
Styrofoam  
Tissue, paper towels or napkins  
Pizza boxes  
Aluminum foil or pans  
Garden hoses  
Light bulbs  
Plastic grocery bags \*ALL Plastic Bags  
Cardboard with plastic tape  
Bubble wrap

## When In Doubt, Throw it Out!

<https://www.republicservices.com/we-work-for-earth>

For more information on recyclables, visit

[RepublicServices.com](https://www.republicservices.com)

Check out the links below for additional info:

Go to [RecyclingSimplified.com](https://www.recyclingsimplified.com)

<https://www.republicservices.com/sort-smarter> (2 videos)

<https://www.youtube.com/watch?v=41KJ-KGEVgA>

<https://www.youtube.com/watch?v=IEV4yog4xPg>



We'll handle it from here.®

Be a **Better Recycler** with the **Recycle Coach™ app**

**You get:**

- A personalised collection schedule
- Custom pick-up reminders
- A 'What Goes Where?' search tool

Get it on **Google play** or **Available on the App Store**

Search "Recycle Coach"

**LONG HILL TOWNSHIP  
PUBLIC WORKS DEPARTMENT**  
1223 Valley Road, Stirling, NJ 07980  
(908)647-0070

**Monday - Thursday: 6:00am - 2:30pm**  
**Friday: 6:00am - 11:30am**

**What Goes Where?**

Not sure how to dispose of this old tv, furniture, or batteries? We've got an answer!

[What do you want to recycle?](#)

**My Schedule**

View your downloadable collection and event schedule, personalized just for you!

[View Schedule](#) [Set Reminders](#)

Okay Google, ask **Recycle Coach** if I can recycle this chip bag?

[Click Here to Learn More](#)

works with the Google Assistant amazon alexa

**Get the Free Recycle Coach App**

Get the free app for complete trash and recycling information in Long Hill at your fingertips!

AVAILABLE ON THE **App Store** **ANDROID APP ON Google Play**

**What Type of Recycler Are You?**

Take our quiz and find out!

**Collection Requirements**

Learn how to prepare for your collection day.

**Be a Better Recycler**

Boost your recycling knowledge with our blog.

RECYCLE COACH INCLUDES A "REPORT A PROBLEM" FEATURE	
Report a Pothole	Line of Sight Complaint
Missed Garbage Collection	Non-Permitted Business
Missed Recycling Collection	Commercial Vehicle Parking
Damaged /Hidden Traffic Sign	Vacant/Abandoned Structure
Dead Animal on Roadway	Sidewalk Complaint
Snow Removal Complaint	Construction Without Permits

Recycle Coach will tell you "What Goes Where" for non-curb-side collected items:	
<b>Styrofoam</b>	<b>Cooking Oil</b>
<b>Car Batteries</b>	<b>Automobile Tires</b>
<b>Aluminum Cans</b>	<b>Scrap Metal</b>
<b>TVs, computers, printers</b>	<b>Brush, leaves, grass</b>
<b>Florescent Light Bulbs</b>	<b>Construction Debris</b>